



SRE Policy

Review frequency	Annually
Date policy approved and adopted:	January 2017
Policy agreed by:	Board of Governors
Date policy published:	January 2017
Next review date:	January 2018

Royal Greenwich Trust School SRE Policy (Sex and Relationship Education)

Rationale

It is a legal requirement for schools to produce a sex education policy statement. At Royal Greenwich Trust School we recognise that sex and relationships education is a crucial part of preparing students for their lives now and in the future as adults and parents.

Definition of SRE

Sex & Relationship Education is lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health.

Aims of SRE

- To encourage personal responsibility in all forms of behaviour.
- To encourage self-esteem, respect and consideration for oneself and for others.
- To provide opportunities for reflection.
- To develop a greater understanding of the nature of relationships and develop skills to make and maintain positive relationships.
- To promote good health.
- To assist students to avoid all abusive relationships, unplanned pregnancy and sexually transmitted infections (STIs) including HIV.
- To increase awareness of the law regarding sexual behaviour.
- To prepare students for the opportunities, responsibilities and experiences of adult life.
- To develop confidence to talk, listen and think about feelings and relationships.
- To develop skills to resist the pressure to have sex.
- To gain accurate knowledge and understanding about sexuality, relationships and the ways to reduce the risks of STIs and unplanned pregnancy.

Aim of this SRE Policy

To clearly communicate to staff, parents, carers, visitors and students, the aims of SRE and the manner in which it will be delivered at Royal Greenwich Trust School.

Content

SRE provides knowledge and encourages the acquisition of skills and attitudes which will allow our students to manage their lives in a responsible and healthy way.

Knowledge and Understanding

Over Key Stage 4 and 5 this will include issues around personal safety, personal relationships, contraception, sexual lifestyles and health issues such as sexually transmitted infections including HIV/AIDS. It will also include issues around the law on sexual behaviour, consent to sex, practices around alterations to the body such as FGM, stereotyping and the legal framework around each of these issues

Values

Students will be encouraged to consider the importance of the following:

- Respect for themselves and others.
- Non exploitation in relationships.
- Understanding and sensitivity towards the needs and views of others.
- Responsibility for their actions.
- Responsibility to themselves, their family, their friends, their school and the wider community.

Skills

Students will be encouraged to develop communications, assertiveness and decision making skills which will enable them to form good relationships, manage risks and live a healthy lifestyle.

Organisation and Delivery

Aspects of SRE are delivered explicitly within the Key Stage 4 Science curriculum, and implicitly in other areas of the curriculum. At least one module linked to SRE is taught every year in PSHE.

Teaching Approaches/Methods/Strategies

It is essential to help pupils develop confidence in talking, listening and thinking about sex and relationships. Teaching strategies that can help this include:

- Establishing clear ground rules with pupils to create an atmosphere of mutual trust and respect, where pupils feel able to talk.
- Resources assessed, selected and adapted to ensure they are appropriate to the age and maturity of pupils.

All issues discussed in SRE will be presented in an objective and balanced way.

Confidentiality and Advice

The following procedures will be adhered to by all adults:

1. Students in need of advice regarding any aspect of SRE can talk to an adult in school who will support them by:
 - Referring them to professional information, or guidance from a health professional.
 - Encouraging students to talk to their parents. Where this is not possible, the school will refer them to a health professional.
 - Referring the case to the Designated Safeguarding Officer (DSO) whenever a disclosure of a serious nature has been made.
2. Disclosure or suspicion of possible abuse – the school's Safeguarding procedures will be invoked.

Disseminating and Monitoring the SRE Policy

A copy of this policy will be supplied to all staff and governors. A full copy will be made freely

available to parents on request. It will be reviewed annually.

Achievement and standards in SRE will be monitored through lesson observations and Learning Walks.

The Role of Parents/Carers

Parents are the key people in teaching their children about sex, relationships and growing up. The school will work in partnership with parents by providing sex and relationship education programmes. It is important that parents support the school's work in this area. Parents have the right to withdraw their children from all or part of the sex and relationship programme. Parents wishing to exercise this right will be encouraged to meet with the Managing Director, Designated Safeguarding Officer or the Head of Science to discuss the issues.

The person with responsibility for SRE is the Head of Year.